

# Parent/Student Resources

## Books to Read With Your Child

Learning to Slow Down and Pay Attention: A Book for Kids About ADD, K. Nadeau Ph.D and E.B. Dixon Ph.D.

Eagle Eyes: A Child's Guide to Paying Attention, J. Gehert.

Dinosaurs Divorce: A Guide for Changing Families, B. Little.

At Daddy's on Saturdays, L. Girard.

Cliques, Phonies, and Other Baloney, T. Romain.

Bullies are a Pain in the Brain, T. Romain.

Sometimes I Drive My Mom Crazy, But I Know She's Crazy About Me! A Self-Esteem Book for ADHD Children, L. Shapiro Ph.D.

The Kissing Hand (wonderful book to read to a child who is starting school or going to camp etc. for the first time) by Audrey Penn.

I Don't Want to Talk About It (a story about divorce for young children) by Jeanie Franz Ransom

What to Do When Good Enough Isn't Good Enough: The real deal on perfectionism by T. Greenspoon, PhD.

## Parent Resources

### *Behavior Management*

Good Kids, Difficult Behavior , J. Divinyi L.P.C.

Positive Discipline A-Z: 1001 Strategies to Everyday Parenting Problems, J. Nelsen Ed.D and S. Glenn Ph.D.

1-2-3 Magic: Effective Discipline for Children 2-12, T. Phelan, Ph.D.

Understanding Misbehavior: Using Misbehavior As a Guide to Children's and Adolescents' Needs, J. Taylor Ph.D.

No More Misbehavin' Michele Borba, Ed.D

### *ADHD*

Helping Your Hyperactive/ADD Child , J. Taylor Ph.D.

Taking Charge of ADHD: The Complete, Authoritative Guide for Parents , R. Barkley, Ph.D.

ADD/ADHD Behavior Change Resource Kit: Ready to Use Strategies and Activities for

Helping Children with Attention Deficit Disorder , G. Flick Ph.D.

Problem Solver Guide for Students with ADD/ADHD, Harvey C. Parker, PH.D.

### *Other Parenting Topics*

The Highly Sensitive Child: Helping our children thrive when the world overwhelms them, E.Aron, PhD.

Closing the Gap: A strategy for bringing parents and teens together, J. McGraw

Positive Discipline for Teenagers: Empowering your teen and yourself through kind and firm parenting, J. Nelson & L. Lott

The Roller-Coaster Years: Raising Your Child Through the Maddening Yet Magical

Middle School Years , C. Giannetti and M. Sagarese.

Raising Boys: Why Boys are Different – and How to Help Them Become Happy and

Well-Balanced Men , S.Biddulph.

Helping the Child Who Doesn't Fit In, S. Nowick Ph.D, and M. Duke Ph.D.

How to End the Sibling Wars, D. Bieniek.

Raising Your Spirited Child: A Guide For Parents Whose Child is More Intense,

Sensitive, Perceptive, Persistent, and Energetic, M. Kurcinka.

Seven Steps To Help Your Child Worry Less, Sam Goldstein, PH.D.

Test Anxiety and What You Can Do About It, Joseph Casbarro, Ph.D

Eating, Sleeping, and Getting Up – How to stop the daily battles with your child, Carolyn Crowder, Ph.D.

### Videos

Side-Stepping the Power Struggle: How to Re-Direct Your Child's Misbehavior, Active Parenting Publishers.

Active Communication: How to Win Cooperation With Your Child, Active Parenting Publishers.

Your Child's Success Cycle: How to Build Self Esteem, Courage, and Positive Behavior.

1-2-3 Magic: Managing Difficult Behavior in Children 2-12.

Effective Discipline: How to Raise a Responsible Teen.

Active Communication: How to Strengthen Your Relationship With Your Teen.